

SOCIAL STORY: VISITING THE DENTIST

1

Getting Ready

This week, Jack is going to the dentist.
Someone he trusts will go with him.
They will travel there together.



2

Arriving at the Dentist's

When Jack arrives, he will go inside and look around. He might see friendly people, colourful pictures, or other people waiting for their turn. Soon, it will be Jack's turn to visit the dentist.



3

Waiting

Sometimes Jack may need to wait for a little while. While he waits, he can talk, look at books, play, or relax. Before long, the dentist will be ready to see him.



4

Meeting the Dentist

The dentist will say hello and welcome Jack. They help people take care of their teeth and smiles. Jack can say hello too if he would like to.



5

Sitting in the Chair

Jack will sit in a big dentist chair. The chair might move up, down, or lean back. Some people think the chair feels a bit like a ride.



6

Looking at My Teeth

The dentist will look at Jack's teeth using a small mirror and a light. They may count his teeth or check how healthy they are. Jack can open his mouth wide and help the dentist do their job.



7

Taking Care of My Smile

The dentist helps keep Jack's teeth strong and healthy. He might learn something new about brushing his teeth or looking after his smile. Every visit helps Jack take care of himself.



8

Finishing the Visit

After a short time, the dentist will be finished. The visit is nearly over. Jack worked together with the dentist and did a great job.



9

After the Visit

When the visit is over, Jack will leave with the person who came with him. He can feel proud of himself. His teeth have been checked, and his smile is ready for another day.

