

SOCIAL STORY: GOING TO THE SUPERMARKET

1

Shopping Day

Today is shopping day for Emma. She is going to buy some things she needs. Emma might help choose items or find things on the shopping list. Shopping can be a fun activity to do together.



2

Travelling to the Supermarket

Emma will go with someone she trusts. They will travel by car or public transport. They will go there together. Emma can look out of the window or talk quietly while they travel.



3

Looking Around

When they get to the supermarket, they will go inside together. There are lots of things to see. Emma can stay close to the person she is with while they shop. Soon, they will start looking for the things they need.



4

Shopping Together

Emma and her trusted adult will look for the items on their shopping list. Sometimes Emma can help find things. She might help put items in the trolley. Being a shopping helper can be fun.



5

Sounds in the Supermarket

Emma might hear people talking, trolleys rolling, music, or checkout beeps. Sometimes the supermarket is quiet. Sometimes it is busy. These sounds are a normal part of shopping.



6

Interesting Things

Sometimes Emma might see something new or interesting. She can enjoy looking at different foods, colours, and displays. There is always lots to discover while shopping.



7

Going to the Checkout

When they have everything they need, they will go to the checkout. They might need to wait for a short time. Waiting will not last forever. Emma can stay close and be ready for the next step.



8

Paying for the Shopping

The shopping will be scanned and paid for. Emma might hear lots of little beeps as the items are scanned. She can watch the items move along the checkout.



9

Going Home

When shopping is finished, Emma and her trusted adult will leave together. They will take their shopping home. Maybe Emma helped find something, carry something, or choose an item. Emma did a great job during her shopping trip.

