



Ashleigh Fox

Transforming Care Director | RNLD | Coach | **Keynote Speaker | Neurodiversity Advocate**

CONTACT

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Imagine a world that harnesses the power of neurodiversity, and is built around the appreciation and inclusivity of

healthcare.

SUMMARY

divergent thinking. Our world has made huge advances through different ways of thinking, and this is exactly what it will take to meet our

global goals for sustainable development, especially in

As a Learning Disability nurse by background, and having worked in the health and social care sector over 20 years, my focus has been on supporting people to live meaningful and fulfilled lives. Having worked across many organisations with differing goals and strategies both in the public and private sectors, I've experienced various care delivery models and

landscapes. We have reached a point where we need to be using creative strategies, and thinking outside the box about what great (not just good!) looks like for people with complex and diverse needs as a sector. Our aim at Catalyst Care Group is to work with people who are aligned and equally passionate about good quality, competent care and support for people.

on how we can pull together to both support people out of long stay institutionalised care, and build capacity in the community to meet the emerging needs of our population. Ultimately, effective collaboration is required to address our global goal to reduce inequality. None of us can do it alone,

Agenda, and facilitating open conversations across the sector

My key area of focus is the national Transforming Care

and we each hold a key piece of the puzzle.

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could look like, if we took action together in making a difference. I love hearing from colleagues around the sector, so please do contact me on ashleigh.fox@catalystgrp.co.uk to continue the transformation conversation!

I also have an interest in mentoring other passionate

professionals who want to make an impact, by being open, approachable and asking questions around what the future

Transforming Care Director

EXPERIENCE



2016 - Present (**7 years**)

Catalyst Care Group



who have been in inpatient services for extended periods of time. Ashleigh's area of specialism is consultancy with Integrated Care Boards and Local Authorities on developing creative solutions for people who have run out of options. Ashleigh also speaks publicly on key sector specific issues, and is a firm Neurodiversity advocate. **Board Clinical Advisor**

our teams. She has worked to transform care, alongside the government's Transforming Care Agenda (a direct result of what happened at Winterbourne View), through providing bespoke solutions for people

Care and Support West 2020 - Present (3 years)

Ashleigh became Head of Unit within a nursing home for people with complex spinal injuries, learning

world of Assessment and Treatment Units. It was after raising concerns at Winterbourne View that Ashleigh realised a solution needed to be found to address the issues people face in accessing our

Ashleigh studied Learning Disability Nursing (RNLD), and qualified in 2010 making many friends along



Trustee





Associate Advisor

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many clinical skills and gathering complex care knowledge.

Registered Nurse Winterbourne View

Barchester Healthcare

2015 - 2016 (1 year)

Registered Nurse, Head of Unit



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This was a career defining moment for Ashleigh as a newly qualified nurse, having been exposed to the

mental health subsector.

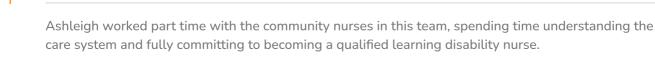


University of the West of England 2007 - 2010 (3 years)

Student Nurse



the way, and cementing her career in the care sector.



2006 - 2007 (1 year)

Community Learning Disabilities Team

Support Worker



Support Worker Options Support

Ashleigh worked in the community, supporting people who had acquired challenging reputations over time on a 1:1 basis. She loved the work, and learnt a huge amount about personalisation and human

rights working for Options Support.

2004 - 2006 (2 years)

Support Worker Freeways Trust

2003 - 2010 (7 years)



Ashleigh began her journey into care as a support worker, working with older adults with learning disabilities in the Bristol area at the age of 17. It was at this time she decided a career in Learning Disabilities Nursing was the right step, loving the work she was doing and the impact being made for others through her contribution.



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